Spin dynamics of cold fermions with synthetic spin-orbit coupling

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We consider spin-relaxation dynamics in cold Fermi gases with a pure-gauge spin-orbit coupling corresponding to recent experiments. We show that such experiments can give direct access to the collisional spin drag rate, and establish conditions for the observation of spin drag effects. In recent experiments the dynamics is found to be mainly ballistic leading to new regimes of reversible spin-relaxation-like processes.

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The development of spintronics, the branch of physics studying spin-determined dynamical and transport phenomena was mainly related to solid-state structures. In these systems, spin-orbit coupling (SOC), one of the key elements of spintronics, is well understood [1–4] and many interesting spin-related effects have been studied experimentally and theoretically. Very recently a detailed study of spin dynamics in ultracold atomic gases has become experimentally feasible [5–8]. In particular, two systems where SOC is produced by a special design of optical fields attracted a great deal of attention. One of them is the spin-orbit coupled Bose-Einstein condensates [5,9], with pseudospin 1/2 degree of freedom. The other class is represented by the cold fermion isotopes \(^{40}\)K in Ref. [6] and much lighter \(^{6}\)Li studied in Ref. [8]. In both cases, in addition to the SOC, an effective Zeeman magnetic field can be produced optically.

Typically in solids, e.g., in doped semiconductors, a disorder, randomizing motion of electrons, plays the dominant role in the spin dynamics. The electron-electron collisions become crucial only at high temperatures, or in intrinsic semiconductors with optically pumped electrons and holes [10]. From this point of view, cold atomic gases offer a unique possibility of seeing basic effects of interactions in the pure form since the disorder is absent there. The interatomic collisions lead to the spin drag determining the spin diffusion and, as we will see below, can be important for the spin dynamics in cold Fermi gases with SOC.

It is well appreciated that in the presence of strong SOC the effects of interatomic interactions in the spin dynamics are difficult to analyze as this requires tracing essentially coupled orbital and spin subsystems. Fortunately, these dynamics become uncoupled not only for vanishing SOC, but also when it corresponds to an effective non-Abelian vector potential [11–23] of a pure gauge form, which happens in a broad class of systems. Remarkably, the three-dimensional (3D) fermionic gases with SOC realized in recent experiments [6,8,24] belong to this interesting class. For a pure gauge SOC the behavior of the physical system maps to that of a system without SOC, which allows one to consider effects of SOC of an arbitrary strength. In this case all qualitative features of the spin dynamics are the same as for a generic linear in momentum spin-orbit (SO) field, including Rashba and Dresselhaus couplings as particular cases, but the analysis is much easier. Here we study spin dynamics for systems with a pure gauge SO coupling, where the entire pattern, even if it is complicated by the interatomic interactions, can be explored using a single formula. As a by-product of our analysis we show that studying the spin relaxation in SO coupled systems may offer an alternative route to experimentally access the spin drag resistivity in SOC-free systems.

We represent the Hamiltonian of a 3D Fermi gas of atoms with the mass \(m\) and a linear in momentum SOC as follows [22,23]:

\[
\hat{H} = \int d^3r \left\{ \psi^\dagger \left( i \nabla_j + \hat{A}^a_j \sigma^a \right)^2 \frac{2m}{2m} + B^a \sigma^a \right\} \psi + \hat{H}_{\text{int}},
\]

where \(\psi\) is a spinor fermionic field operator, \(\sigma^a\) with \(a = \{x, y, z\}\) are the Pauli matrices, the space components \(\hat{A}^a_j\) of an effective SU(2) potential parametrize SOC, and \(B^a\) is the Zeeman field [the time component of the SU(2) potential] [25]. The term \(\hat{H}_{\text{int}}[\psi^\dagger, \psi]\) in Eq. (1) describes the SU(2) invariant interparticle interactions and the external trapping potential. For simplicity we consider a homogeneous system, assuming the validity of the local approximation [26]. For a trap, the total spin dynamics can be obtained by averaging with the appropriate density distribution.

The spin relaxation is probed by applying the Zeeman-like field of the form \(\mathbf{B}(t) = B\theta(-t)\). That is, we suggest first to bring the system to an equilibrium polarized state by a static Zeeman coupling and then switch it off at \(t = 0\). After the polarizing field is released, the spin density relaxes to zero by the combined action of the SOC-induced spin precession and interatomic collisions.

In conventional semiconductors the SOC is usually weak, that is, \(|\hat{A}^a_j| \ll p_F\), where \(p_F\) is the Fermi momentum. As a result, only the vicinity of the Fermi surface is important for the spin dynamics. Moreover, the weak coupling practically does not influence the initial spin-polarized state. With optical fields one can achieve the ultrastrong coupling where the effective SU(2) field \(|\hat{A}^a_j|\) is close to or even larger than the Fermi or the mean thermal momentum. In this ultrastrong coupling regime the collisional relaxation processes can become irrelevant and...
the dynamics is mainly due to the nonuniform spin precession, that is, its broadening in the momentum space. In addition, the strong SOC significantly modifies the initial state making it strongly nonsemiclassical.

While the description of the spin dynamics for a strong generic SOC is very complicated, significant simplifications occur in the special case of a pure gauge SO field of the “direct product” form

\[
A_j^\alpha = \frac{i}{2} \frac{\hbar}{m} q_j n^\alpha.
\]  

(2)

Here \( \mathbf{n} \) is a unit vector pointing along the SO precession axis (momentum independent in this case), and the position-independent vector \( \mathbf{q} \) determines the strength of SOC for every direction of the particles’ momentum coupled to the spin degrees of freedom. Exactly this type of SU(2) field has been realized in recent experiments with cold Bose and Fermi gases [5,6,8].

Because different components of the SU(2) potential in Eq. (2) commute, it can be gauged away by a local SU(2) rotation of the fermion fields:

\[
\psi(r) = U(r) \tilde{\psi}(r), \quad U(r) = \exp \left[ \frac{i}{2} q_j r_j n^\alpha \sigma^\alpha \right].
\]  

(3)

After the rotation, the Hamiltonian of Eq. (1) reads

\[
\hat{H} = \int d^3r \left\{ \tilde{\psi} \left[ -\frac{\hbar^2}{2m} \nabla^2 + \sigma \tilde{B}(r) \right] \tilde{\psi} + \hat{H}_{\text{int}}[\tilde{\psi}, \tilde{\psi}] \right\},
\]  

(4)

where \( \tilde{B}(r) = \text{tr}[\sigma u(t^{-1}(r) \sigma B \psi(r))/2 \right\} \) is the transformed Zeeman field. For definiteness we consider the configuration of fields generated in the experiments of Ref. [6]. This corresponds to \( \mathbf{n} = (0,0,1), \mathbf{q} = (q,0,0), \) and \( \mathbf{B} = (B,0,0), \) which translates to the following helicoidal structure [27–30] of the transformed Zeeman field:

\[
\tilde{B}(r) = B(x \cos(qx) + y \sin(qx)).
\]  

(5)

Since the interparticle interaction and the trap potential are spin independent the form of \( \hat{H}_{\text{int}} \) is untouched by the SU(2) rotation of Eq. (3). Below we assume \( q R \gg 1 \) [26], so that the trap hosts many helix periods. Therefore the physical system with the pure gauge SOC subjected to a uniform polarizing field \( \mathbf{B} = \tilde{\mathbf{B}} \) is mapped to a dual system without SOC in the presence of an inhomogeneous Zeeman field—the magnetic helix of Eq. (5).

The mapping of the spin relaxation for a pure gauge SOC to the diffusive spin dynamics in the SO-free system has been already noted in the context of conventional semiconductors [22,23] where the spin relaxation or diffusion is mostly determined by a disorder. Apparently this is an absolutely general statement, which in particular implies that the spin-diffusion coefficient \( D \) and the spin drag rate \( \Gamma_s \), in cold atomic gases can be measured by monitoring the dynamics of a global averaged spin, provided the proper SOC is created. After the transformation of Eq. (3) the spin dynamics can be easily found using the linear response theory for homogeneous, SOC-free systems. Namely, we consider a response to a weak Zeeman field, Eq. (5), with \( B(t) = B_0 \delta(t) \). The spin density \( \tilde{S}(r,t) \) in the transformed system follows the helicoidal pattern of Eq. (5) with a time-dependent amplitude \( S(t) \):

\[
\tilde{S}(r,t) = S(t)[\tilde{\cos}(qx) + \tilde{\sin}(qx)].
\]  

(6)

The amplitude \( S(t) \) of the spin helix can be related to the standard local spin response function \( \chi_{\sigma \sigma}(q,\omega) \) at the wave vector \( \mathbf{q} \) (see, e.g., Ref. [31]),

\[
S(t) = S(0) \int_{-\infty}^{\infty} \frac{d\omega}{2\pi i} \frac{\chi_{\sigma \sigma}(q,\omega)}{\omega} e^{-i\omega t}.
\]  

(7)

To recover the spin dynamics in the original system we apply the inverse SU(2) transformation to the spin distribution \( \tilde{S}(r,t) \) in Eq. (6). This unwinds the helix and leads to the evolution of the spatially uniform physical spin distribution \( S(t) = S(t)\tilde{\mathbf{K}} \) presented below.

Equation (7) relates spin dynamics in the physical system with SOC to the smearing out of an inhomogeneous spin texture in a system without it. We emphasize that Eq. (7) is exact and valid for any phase without spontaneous ferromagnetic ordering, either normal or superfluid. The SOC enters the spin dynamics solely via the wave-vector dependence of the spin-spin correlation function \( \chi_{\sigma \sigma}(q,\omega) \) of the SOC-free system. Hence by monitoring the spin evolution for different values of \( q \) one can access the entire momentum and frequency dependence of \( \chi_{\sigma \sigma}(q,\omega) \).

We begin with an illustration of the simplest universal type of spin dynamics occurring for small SOC couplings, \( v_{\text{sd}} q \ll \Gamma_s \), where \( v_{\text{sd}} \) is the typical atomic velocity such as the Fermi velocity \( v_F \) or the mean thermal velocity \( v_T \) in the degenerate and nondegenerate systems, respectively. In this case the expression within the square brackets in Eq. (7) takes the diffusive form \( i \omega/(\omega + D q^2) \), which is guaranteed by the spin conservation law. Hence the spin relaxes exponentially \( S(t) = S(0) \exp(-D q^2 t) \) by the Dyakonov-Perel mechanism [32]. The relaxation rate for a given SOC is directly determined by the spin-diffusion coefficient of the dual SOC-free system.

For an arbitrary strong coupling the dynamics is much richer. To explore the behavior in the full range of SOC, densities, and temperatures, we employ a spin version of the “conserving” relaxation time scheme by Mermin [33]. In this scheme one approximates the collision integral in the linearized kinetic equation for the spin part \( \mathbf{s}_p(q,t) \) of the Wigner function by the form \( \mathbf{L}_{\text{coll}} = -\Gamma_s[\mathbf{s}_p(q,t) - \mathbf{s}_p^0(q,t)] \), where \( \mathbf{s}_p^0(q,t) \) is the equilibrium function corresponding to the instantaneous value of the average spin \( \mathbf{S}(q,t) \). For any inhomogeneity wave vector \( \mathbf{q} \) this approximation recovers the correct static and high-frequency response, and respects the local spin conservation. The dynamical spin response function in this scheme takes the form

\[
\chi_{\sigma \sigma}(q,\omega) = \frac{\chi_0(q,\omega + i\Gamma_s)}{1 - i\Gamma_s/\omega + i\Gamma_s} \frac{1 - \chi_0(q,\omega) e^{i\Gamma_s \omega}}{\chi_0(q,0)},
\]  

(8)

where \( \chi_0(q,\omega) \) is the Lindhard function

\[
\chi_0(q,\omega) = \sum_p \frac{f_p q^2 - f_p - \epsilon_p}{\omega - (\epsilon_p q^2 - \epsilon_p - \epsilon_p q^2/2m)}
\]  

(9)

with \( f_p \) being the Fermi function, and \( \epsilon_p = p^2/(2m) \).

The spin drag relaxation rate \( \Gamma_s \) enters the Mermin scheme as a phenomenological parameter originating from interatomic collisions. Although collisions conserve the total momentum, they cause a friction between different spin species, and thus lead to relaxation and damped response in the spin channel.
Strictly speaking, the spin drag rate $\Gamma_s$ depends on $q$. It is, however, clear that for large $q \gtrsim p_F$ the average spin relaxes mostly because of fast nonuniform precession (ballistic motion). The spin drag contribution becomes qualitatively important in the opposite limit of $q \ll p_F$. Therefore, assuming a weak short-range interaction characterized by an $s$-wave scattering length $a_s$, we adopt the standard expression based on the Born approximation at $q = 0$ [34,35],
\begin{equation}
\Gamma_s = \left( \frac{4\pi a_s}{m} \right)^2 \sum_k \frac{k^2}{3mnT} \int_0^\infty d\omega \frac{[\text{Im} \chi_0(k,\omega)]^2}{\pi \sinh^2(\omega/2T)},
\end{equation}
where $n$ is the concentration of atoms [36]. The spin drag rate of Eq. (10) has the following characteristic temperature dependence:
\begin{equation}
\Gamma_s \sim E_F (p_F a_s)^2 \times \begin{cases} (T/E_F)^2, & T \ll E_F \\ (T/E_F)^{1/2}, & T \gg E_F. \end{cases}
\end{equation}

The low-$T$ behavior is typical for the Fermi liquid, while in the high-$T$ limit it describes the frequency of collisions between particles with a scattering cross section $\sim a_s^2$ moving at the mean thermal velocity $v_T \sim \sqrt{T/m}$. For the repulsive interaction the Stoner instability criterion limits the product $p_F a_s < \pi/2$ [37], thus preventing one from having a fast relaxation in the degenerate gas.

Equations (7)-(10) provide us with a simple unified description of the spin dynamics in a wide range of temperatures, SO couplings, densities, and interactions. This scheme captures all main physical effects which influence the spin relaxation. The difference in the Fermi functions in Eq. (9) describes the modification of the initial state by the SO coupling. It selects a part of the momentum space with the particles polarized by the initial Zeeman field, as shown in Fig. 1 for the very strong coupling. The difference in energies in the denominator in Eq. (9) determines the frequency of the spin precession, while the imaginary shift of $\omega$ by $i\Gamma_s$ describes the spin drag effect. Now we use Eqs. (7)-(10) to explore different regimes of spin dynamics and discuss those not achievable in the solid-state experiments.

We consider first the low-temperature degenerate gas, $T \ll E_F$. If SOC is weak, so that $q \ll p_F$, only particles near the Fermi surface participate in the dynamics. The characteristic time scale is set up by $1/qv_T$, that is, the time for ballistically traversing the period of the spin helix. The relation of this time to the spin drag rate $\Gamma_s$ determines the regime of the spin dynamics. If $qv_T/\Gamma_s \gg 1$, the dynamics is ballistic and the evolution of the total spin is dominated by the inhomogeneous $p$-dependent spin precession of the Fermi-surface particles. Apparently this is always the case at sufficiently low temperatures, $T \to 0$. In the opposite limit of $qv_T/\Gamma_s \ll 1$ the dynamics is diffusive, which corresponds to the conventional Dyakonov-Perel spin-relaxation mechanism [32]. From Eq. (11) we find that with the increase of the temperature the ballistic regime crosses over to the diffusive one at $T_{\text{db}} \sim (v_T/a_s)\sqrt{q/p_F}$. Condition $T_{\text{db}} \ll E_F$ implies $q < p_F (p_F a_s)^2$ for the SOC strength. Taking into account that, e.g., in Ref. [6], $p_F a_s \sim 10^{-2}$, we conclude that to reach the diffusive regime one has to increase the interaction or to make the SOC considerably weaker.

Apart from determining the spin drag rate, the temperature effects modify the dynamics via broadening the Fermi distribution in Eq. (9). Indeed, the broadening of the velocity distribution by $\delta v_T \sim (T/E_F) v_T$ causes the broadening in the precession rate by the typical value of $\delta \Omega = (T/E_F) q v_T$. In the ballistic regime the resulting time dependence of the total spin is
\begin{equation}
S(t) = S(0) \frac{\sin(\Gamma t) \pi T}{\sinh(\pi t \delta \Omega)} E_F^{-1},
\end{equation}
where the rapid increase in $\sinh(\pi t \delta \Omega)$ at $t > 1/\delta \Omega$ leads to the exponential damping [38] in the Fermi oscillations initially following the $\sin(qv_T t)/qv_T t$ time dependence. At $\delta \Omega/\Gamma_s \lesssim 1$, that is, at $T \gtrsim T_{\text{db}}^2/E_F$ the asymptotic behavior is determined by $\Gamma_s$ rather than by $\delta \Omega$.

For strong SOC the dynamics is mostly ballistic, but still quite nontrivial and diverse. As can be seen in Fig. 2(a), at $q = p_F$ the spin relaxes to zero monotonically, while pronounced large amplitude oscillations appear for ultrastrong SOC with $q \gg p_F$. The reason is that in the latter case we have two well-separated spin-split Fermi spheres. The position of the sphere center determines the mean precession rate, and the broadening is determined by the Fermi momentum $p_F$. An interesting intermediate regime occurs at $q = 2p_F$ when the spin-split Fermi surfaces touch each other and the time dependence of the spin takes the form
\begin{equation}
S(t) = S(0) \frac{\sin^2(4E_F t)}{(4E_F t)^2}.
\end{equation}

Now we consider the high-temperature case $T \gg E_F$. In this limit the mean free path $\sim v_T/\Gamma_s$ does not depend on the temperature [see Eq. (11)]. Therefore the dynamical regime is temperature independent—the dynamics is ballistic if $(q/p_F)(p_F a_s)^2 \gg 1$ and diffusive otherwise. The condition of diffusive relaxation is equivalent to the condition $T_{\text{db}} \ll E_F$. As a result, if $q \gg p_F (p_F a_s)^2$, the spin dynamics is ballistic at any temperature. In this case the width of the thermal Maxwell distribution is much larger than the scale of SOC and the inhomogeneous precession is equivalent to the Fourier transform of the Gaussian momentum distribution.
with the coordinate $qt/m$. For a weak SOC in the ballistic regime the spin relaxation is position-independent Gaussian $S(t) = S(0) \exp[-(v_T q t)^2/6]$ with the time scale of $1/v_T$. At larger scattering length $a_s$, that is, at larger $\Gamma_s$, we enter the diffusive regime where the Gaussian damping slows down to the exponential Dyakonov-Perel relaxation with the time scale $\Gamma_s/q^2 v_T^2$. In the nondegenerate gas the function $S(t)$ is practically always monotonic. To detect signatures of the oscillatory spin precession one needs to go to the ultrastrong SOC and to satisfy experimentally the condition $q \gg \rho T$.

It is worth noting that, in general, for the weak SOC the spin dynamics in the ballistic limit is determined by the parameter $v_T q T$ since this is the only characteristic of the low-energy excitation spectrum entering Eq. (9). For the strong coupling with clearly separated spin-split momentum distributions we have two parameters describing spin dynamics: spin-precession rate of the order of $q^2/2m$ and spin-relaxation rate of the order of $qv_T$, as can be seen from a comparison of Figs. 2(a) and 2(b) for the low- and high-temperature gases, respectively. This links the spin-relaxation dynamics to the spectrum of electron-hole excitations in the Fermi gas.

We emphasize that the above limiting regimes of the spin dynamics are described within a single unified scheme, which is completely determined by four experimentally controllable parameters, the density $n$, the temperature $T$, the scattering length $a_s$, and the SOC strength $q$. Apparently all crossovers and transition regimes are also covered by this approach. Taking into account the effects of pairing is an interesting problem [39] and will be considered separately.

To conclude, we have shown that the spin dynamics in cold Fermi gases can be mapped on the spectrum of particle-hole excitations. The spin drag rate can be obtained from the relaxation of the uniform spin density without generating an inhomogeneous spin distribution in the real space, provided the conditions of diffusive spin dynamics in terms of the SOC strength, concentration, and the scattering length are satisfied.

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[25] The units with $\hbar \equiv 1$ are employed and the summation over repeated indices is assumed throughout the paper.

[26] For a harmonic trap with $U(r) = m\Omega_{1}^2 r^2/2$ the density depends on $r$, as $n(r) = n(0)(1 - r^2/R^2)^{3/2}$, where the radius $R = \sqrt{2\mu/m\Omega_{1}^2}$. Here $\mu$ is Fermi energy at $r = 0$. In the experiment, the parameter $p_{F}(0)R \sim \mu/\Omega_{1}$, which determines the applicability of the local approximation, is larger than 100 [5,6,8].


[36] For repulsive interactions our consideration is valid at any temperature $T$, while for the attraction the system has to be in the normal phase, where pairing effects are irrelevant.

